

*Chapter 6*

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## **Thoughts Which Prevent Typhoid Fever**

In the consideration of the relation between thought-cells and disease we may well start with the typical Mars condition called fever. Mars is the planet of invasion, and of resisting invasion. Infection is the invasion of the body by some other organism, and fever is the response of the body to infection. It is the indication of the combat going on within the body to oust the invading organism or to take care of the toxins which arise from its life processes. The medical profession now holds that the rise in temperature is detrimental to invading bacteria, even though not powerful enough to kill them, and is thus an essential part of the defensive mechanism. Thus when infection is present, fever is not a detrimental indication. It shows the body is making a pronounced effort to protect itself from the invader.

The rise of temperature is believed to be due to a disorder of the heat-regulating centers brought about by the toxins of the invading organisms, and by the action of these toxins in breaking down the tissues and increasing the metabolic processes. Fever being the body's method of combating acute infection, and it being noticed that certain chronic disorders were improved or cured when during the course of the disease fevers occurred, led to the use of artificially induced fever in the treatment of various chronic disorders. In such treatment electric currents of very high frequency are used to produce in the tissues temperatures similar to those of high fever. Chiefly this method is applied to gonorrhoea, to cardiac and nervous disorders, and to rheumatic conditions.

Mars is the planet of combat, and not only does the activity of the Mars thought-cells attract other organisms which attack the body, but the fever so frequently present when there is infection is the indication that the body is fighting invading forces. These armies are of various types. Some, such as those which are present in malaria, yellow fever and the sleeping sickness of Africa, are species of protozoa. Others are viruses such as those responsible for influenza. Science has not yet de-

terminated to which kingdom viruses belong. Still other invaders are species of bacteria. That which gives rise to typhoid fever is the typhoid bacillus. It is a rod-shaped organism very similar in appearance to the colon bacillus which normally inhabits the colon. Closely allied bacilli are those producing paratyphoid fever A and paratyphoid fever B.

Those who say that the typhoid bacillus is not the cause of typhoid fever may say with equal logic and with the same amount of truth that the wound inflicted by the bite of a dog is not caused by the dog. In the first place unless the Mars thought-cells are exceptionally active the individual will be attacked neither by fever bacilli nor a dog. And in the second place if the physical organism has sufficient resistance it will not be injured by fever bacilli nor by the effort of the dog to bite. Some people, due to the activity and discord of the Mars thought-cells are much more susceptible to infectious fevers and to injury by dogs or other animals than are other people. And this susceptibility may be lessened by reconditioning the Mars thought-cells. But as an additional *precautionary action* it is well to avoid irritating a vicious dog, and it is well to avoid contact with the organism whose invasion is coincident with the fever which resists it.

While typhoid bacilli may find their way into the human organism through inhalation, far more commonly they make their entry by way of the mouth through contaminated food or water. Sheets, blankets, or clothing used by a typhoid patient may spread the disease to any one handling them. The usual carrier however is water which has become contaminated by discharges from a case of typhoid fever. Defective drains may permit the soil to become infected with the typhoid germs. Large cities maintain laboratories to count the bacteria in the water, and to identify the dangerous ones as soon as they put in an appearance. All the water before reaching the consumer passes through chlorination plants. And whenever the infectious types of organisms put in an appearance the chlorination process is intensified to a point which is sure to kill the germs.

Thus in large cities there are now seldom an epidemic of typhoid due to contaminated water. But epidemics do still arise from germ-infested milk. The dilution of the milk with infected water, or the washing of the cans with infected water, or the handling of the milk by a carrier patient, may give it a start. Milk is an ideal nutrient solution for the breeding of typhoid bacilli. If only a few gain entrance to a milk supply they multiply so quickly that they may start an epidemic. Other sources of typhoid epidemics are watercress or celery grown in infected water, ice cream, oysters, clams and other shellfish grown near the outlet of sewers, and food on which flies alight. Flies move from places of contamination carrying the germs on their hairy legs, and may deposit these on any articles of food on which they alight.

Carriers have been mentioned. These are persons who at some time have suffered from typhoid fever, but apparently have completely re-

covered. They have no knowledge of the fact they are carriers, and seem healthy in all ways. But they still harbor some of the bacilli--not enough

to cause them inconvenience--in their gall bladder, intestines or, urinary tract. Such bacilli have been found in the excreta of carriers as much as thirty years after the typhoid fever had apparently subsided. Without being aware of it these people are apt to contaminate the food they contact, and thus pass the germs along to others. Typhoid epidemics not infrequently have been traced to dairy workers or cooks who were carriers.

The early symptoms are rather vague, and doctors find it difficult to differentiate it from influenza, bronchial pneumonia, miliary tuberculosis or pleurisy. The individual complains of headache and vague pains throughout his organism. The tongue is furred, and generally there is discomfort in the abdominal region accompanied by either constipation or diarrhea. The temperature rises gradually, becoming a bit higher each morning, and a bit lower each night. So indefinite are the early symptoms that people often keep on working as much as a week after the start of discomfort.

But at the end of the first week the individual takes to his bed with a high temperature. The high temperature continues for some ten days or more and the individual is prostrated with weakness. If the attack is severe the third week is one of severe toxic poisoning, called the typhoid state. In this state the individual not only is weak, but semiconscious and often delirious. The mouth is kept partly open and the tongue is dry and coated. This is the critical period, for heart failure may threaten or abdominal complications may arise.

If the individual is able to survive this period the disease will gradually decline. For perhaps a week or ten days his condition will generally improve, although the heart action will still be very weak. After this, if he can avoid a relapse, he may consider himself well along the road to recovery.

The more frequent danger is from complications that may arise during the third week. Inflammation may affect the lungs, the throat, the veins, or other regions. Inflammation is typical of Mars. But the greatest danger of all is from hemorrhage and perforation of the intestine due to ulcer. A hole may form at the base of the ulcer through which the intestinal contents pass. Hemorrhage often takes place without perforation of the bowel: The individual becomes very pale, the temperature suddenly falls to below normal, the pulse becomes quickened and feeble, and there is severe shock.

Perforation of the bowel is rarer, and is more dangerous, for it is followed by peritonitis, which in turn at the present state of medical knowledge calls for an operation.

Hemorrhage, perforation, and the operation, as well as the infection and fever, are characteristic of discordant Mars thought-cells.

**100 People Who Had Typhoid Fever**

*Birth-Chart Constant*

Birth-Charts analyzed .....	100	100%
Birth-Charts with rather severe afflictions to Mars.....	96	96%

*Progressed Constants*

Charts with major progressed aspects (aspects made by progressed Moon ignored) calculated for time of typhoid fever .....	100	100%
Charts with progressed aspect to ruler of Asc .....	100	100%
Charts with progressed aspect to ruler of sixth .....	100	100%
Charts with progressed aspect to Mars .....	96	96%
Charts with discordant progressed aspect to Mars.....	82	82%
Charts with progressed aspect of Mercury, or to a planet in Virgo .....	100	100%
Charts with progressed aspect to Saturn .....	83	83%
Charts with discordant progressed aspect to Saturn .....	26	26%
Charts with no progressed aspect to either Mars or Saturn .....	04	04%
Charts with no discordant progressed aspect .....	00	00%

Major progressed aspects to the ruler of the first house and to the ruler of the sixth house are present in other forms of illness, as they indicate new conditions affecting the body (first) and effecting illness (sixth). And it is likely that the frequency of a progressed aspect to Saturn is only characteristic of this disease in the sense that it leads to deficiency and chemical imbalance in the body which enable the bacilli readily to get a foothold. It is thus a Rallying Force which in addition to deficiency in diet, may lead to overwork, exposure and other conditions encouraging depletion; in which the body lacks normal vigor to resist infection. Also the Saturn thought-cells if discordant work, not specifically to attract infection, but to attract disease in general.

While the disease is a general infection of the system by *Bacillus Typhosus*, and practically any organ of the body may be involved, it is characterized by acute parenchymatous inflammation of the intestinal lymph follicles, the spleen and the mesenteric glands. The characteristic

attack upon the intestinal region, and the manner in which the disease travels in an unbroken chain from mouth to anus and from anus to mouth so long as there are unsanitary methods of disposing of excreta, are indicated by the presence at the time of the disease of a progressed aspect either to Mercury, which is the ruler of Virgo, or to a planet in Virgo, the sign mapping the intestinal zone of the body.

This means that unless the thought-cells within the Virgo zone of the finer form are given far more than their ordinary amount of activity

through a progressed aspect adding its energy to them, they do not work to attract any disease affecting this particular region of the physical body. We are not warranted, however, in drawing the conclusion that it is the activity of the Virgo thought-cells which attract the infection. Merely that the general rule relating, not merely to events, but to the body operates in typhoid fever. This rule is that unusual events never happen affecting any one of the twelve departments of life except at those times when the thought-cells mapped by the house ruling that department of life are given unusual activity; and that unusual events affecting any one of the twelve zones of the physical body only happened when the thought-cells mapped by the sign indicating this zone are given unusual activity.

Should the thought-cells mapped by a certain sign be given unusual activity by the thoughts of the individual, by the impacts of the thoughts of others, or by any inner-plane forces, the condition in so far as the Mercury or Virgo Constant is concerned would be fulfilled, and if the other Constants were present the individual might have typhoid fever. But as indicated in the table, thus far in our researches, however much or how- ever little these other influences may have contributed, the Virgo thought-cells have been found to have been given unusual activity by a progressed aspect.

There is a stimulation of conscious thoughts of the Mercury type, or of the type indicated by the planet in Virgo, due to the energy received by the Mercury thought-cells or the thought-cells mapped in Virgo, from the progressed aspect. And if such thoughts are permitted to occupy the consciousness, the thought- cell activity responsible for the conscious thoughts is still further increased. However, it must not be concluded that if thoughts of the Mercury family, or thoughts of the family ruled by the planet in Virgo are inhibited in so far as objective consciousness is concerned that there may not still be enough thought-cell activity, resulting from the energy of the progressed aspect, in the Virgo zone to permit the manifestation of disease there.

Furthermore, the actual reduction of thought-cell activity within the soul is a very difficult problem. Energy received by the thought-cells is quite sure to give them added activity; and as yet we know of no method to insulate a group of thought-cells from receiving the energy

of a progressed aspect to the planet mapping them. The thought-cells, however, receiving planetary energy can have their desires conditioned to be more harmonious, and they can be conditioned to express their activities chiefly through selected channels.

Thus the Virgo thought-cells given activity by a progressed aspect involving Mercury can be made disease resistant through adding to them the thought-energy of the Jupiter type, which is the natural antidote of Mercury. This may be done by thinking harmonious Jupiter thoughts, and thinking them especially each time Mercury thoughts tend to intrude into the consciousness. The very fact that they are used as a substitute for the Mercury thoughts will cause them to associate in the Mercury thought-cell compounds with the Mercury thought-elements.

This will not decrease thought-cell activity, but it will tend to cause the thought-cells thus treated to work for the Jupiter things to the extent Jupiter energies are thus added; and it will cause them to work for harmonious events to the extent harmonious energies added are able to change the Virgo thought-cell desires.

If the factor within the soul needing treatment is mapped by some planet in the sign Virgo, the desires of these thought-cells within the Virgo zone may be changed by substituting thoughts which are the mental antidote of those mapped by the planet in Virgo receiving the progressed aspect. If the planet in Virgo is Saturn, pleasant Venus thoughts should be used, and used especially to displace the Saturn thoughts each time these tend to intrude into objective consciousness. The thought-cells thus conditioned will then endeavor to work for harmonious Venus events. And to the extent their energy is thus diverted into working for something else, will there be less energy left these thought-cells with which to attract disease to the region where they are located.

The principle here involved is not an effort to decrease or increase thought-cell activity, but to use up the thought-cell activity in some beneficial work so that too little is left for them to accomplish much in any other field of endeavor. Two things we know how to do relative to the activities of the thought-cells: We know how to increase their activities and thus enable them to accomplish more, and we know how to change their desires. In this instance no effort is made to increase their activity, in fact, such increased activity is as much as possible to be avoided. Instead, we make the effort to change the desires of the thought-cells. Such changes may be accomplished through any of the three methods--Rallying Forces, Conversion, Mental Antidotes--mentioned at the end of Chapter One. The use of a mental antidote is probably less likely to increase the thought-cell activity markedly. But the success of the process depends upon the degree to which the thought-cells treated can be induced to desire and work for constructive conditions and events, thus using up their available energies.

The activity of the thought-cells in the Virgo zone of the finer body, however, is but the secondary factor in the predisposition toward typhoid fever. It merely indicates the thought-cell activity which attracts something affecting the intestinal tract. If the primary constant of some other disease is present, and the progressed aspect involving Mars is lacking, the bowels may be attacked by some other disease, but not by typhoid fever. And this is true whether or not there is a progressed aspect at the same time to Saturn, making a Rallying Force favorable to the disease.

At the time the 100 charts of those who have had typhoid fever were progressed and tabulated, we held the limit of influence of a progressed aspect strictly within one degree from the perfect aspect. Subsequent research has made us extend the effective influence of both Mars and the Sun up to a full degree and a half when there are powerful Rallying Forces present. But even without thus extending the orb of

progressed aspects involving Mars beyond one degree from perfect, in each of the four charts in which it was thus not within the one degree of a perfect aspect there were other Mars contributing factors. In other words, irrespective of any weakness of progressed Mars as indicated in the four cases in the table, the Mars thought-cells actually were unusually active; for in each of these charts it was exceptionally afflicted and powerful in the birth-chart, was in the sixth (illness) afflicted by the progressed Moon, received a progressed parallel of the Moon, or other condition was present which in reality gave the Mars thought-cells much new energy.

Not merely from the study of the charts analyzed in this book, but from an incomplete study of many infectious diseases, we find the general rule that invasion by virulent organisms of any kind only takes place when the thought-cells mapped by Mars acquire considerable more than their normal amount of activity.

To fight these organisms, and to neutralize the toxins they secrete, increased supplies of adrenalin and cortin must enter the blood stream. If Mars at the time is afflicted by progressed aspect, the adrenal glands, which respond to the activity of the Mars thought-cells, may not have sufficient strength to answer the excessive demands made upon them. Adrenalin secreting responds also to the activity of the Saturn thought-cells, and the progressed aspect of Saturn which is so often present at the time of typhoid fever, often weakens the power of the adrenal glands to secrete adrenalin.

### *Precautionary Actions*

When the birth-chart and progressed constants of typhoid fever are present the disease will attack only through contact with typhoid

bacilli. Adequate precaution, therefore, should be taken not to make such contact.

As depletion of the adrenalin and cortin supply lowers the resistance to invasion by the germ, over exertion, fear, anger, anxiety, worry and other emergency thoughts which use up adrenalin should be avoided.

The adrenal glands should be kept strong and vigorous through affording them in the diet Vitamin A, Vitamin B-1, Vitamin C, Iron and a variety of the proteins. They will thus have at hand the materials from which they can manufacture adrenalin and cortin, and not be called upon to do the impossible.

If the progressed constants include a progressed aspect to Saturn, which tends to weaken through deficiency, the diet should contain also variety of the mineral salts and vitamins.

While variety of protein is recommended, too much meat tends to produce an acid condition of the blood stream, and this in turn places an additional burden upon the adrenalin supply one function of which is to neutralize the acids. The blood stream should be kept slightly alka-

line. A table of the foods which tend to give such an alkaline balance to the blood stream is given on page 4 of the book *Stellar Dietetics*.

As the primary influence in attracting the disease into the life is an unusual activity of the thought-cells mapped by Mars, the primary *precautionary action* should be toward giving the Mars thought-cells such a strong desire to perform some constructive work that this inner-plane work will absorb so much of their energy that they will have insufficient left with which to attract an invasion of any kind.

This is best accomplished by using the Domestic thoughts, ruled by the Moon, as an antidote. These are thoughts that relate to helping the weak, the helpless and the unfortunate. They should be substituted for the Mars thoughts whenever these begin to enter objective consciousness, and they should be cultivated through forming some plan, project or work in which pleasure can be experienced, having to do with the comfort of the family, or which contributes to the welfare of the aged or young or those otherwise helpless.

The typical discordant Mars thoughts are those of anger, irritation, lust, and those which accompany the feeling of antagonism and the tendency to strife, undue haste, or the undue expenditure of energy. Whenever any such states of consciousness begin to be felt the attention should be resolutely turned to some constructive effort that will assist those who are unable to help themselves. And to give more energy to these thoughts and feelings, Moon planetary energies may be tuned in on and used as Rallying Forces. Thus to tune in on the Moon planetary energies the feeling should be induced such as a mother feels for a babe in her arms, but this feeling should be toward the weak or helpless individuals to whom help is being given.

As a secondary *precautionary action* Jupiter thoughts may be used to give the thought-cells mapped by Virgo more harmonious desires, or if the constant is a planet in Virgo which receives the progressed aspect instead of Mercury, the thoughts should be employed which are the natural antidote of this planet, in the effort to make the thought-cells it maps desire more harmonious conditions. The object is, of course, to use up so much of the energy of the thought-cells mapped in the Virgo zone of the finer form in constructive activities that they will not have enough left to attract any disease to the region.

Should there also be a progressed aspect to Saturn, the Saturn thought-cells should be treated with their mental antidote, using Venus thoughts to give them more agreeable desires, and Sun thoughts to overcome their tendency to negative conditions.

The thought treatment thus indicated is of course also the method of thought-cell treatment when typhoid fever is actually present.

So far as physical remedies are concerned, the medical profession does not hold there is at present any specific cure. Drugs, serums, collidal gold, etc., have not proven satisfactory, and alcohol, once considered important, now universally is banned. These things add still other foreign substances to the blood stream and place an additional burden upon the endocrine secretions and the eliminative functions.

As the blood stream already is filled with toxic acids, it is obvious that the diet should tend toward neutralizing this condition by tending toward the alkaline. As any physical exercise results in acid products of combustion entering the blood stream, the patient should be kept strictly lying down, but should be turned from side to side or on his back every few hours in order to avoid bedsores. Such sores are frequent in typhoid illness.

It is well to clean the mouth frequently with water, boric glycerin, or listerine. This decreases likelihood of the parathyroid gland becoming infected, and adds to the comfort of the patient. As in other fevers the taking of water copiously is beneficial. In other words, typhoid fever patients should receive good nursing, a proper diet, and the indicated thought-cell treatment.

