

Chapter 2

**Each Disease Results From
Characteristic Thought-Cell
Activity**

To avoid possible misunderstanding, it may be well to repeat that there is no intention of contending that physical agents are not an important factor in the development of most diseases. Thought-cell activity may be powerless to develop a given disease if certain environmental agents are not present. Without the Anopheles mosquito people do not have malaria. People subject to colds may go months without being troubled with this difficulty in spite of progressed aspects which tend in this direction, provided diet and other environmental factors are such as to resist the condition which thought-cell activity tends to develop. But let them become exhausted, become chilled from rain or a cold wind, or stuff themselves with candy, and a cold develops. Yet others who are in the same rain, the same cold wind, or who also stuff themselves with candy, may remain free from the cold.

Not only diseases, but all other events of life, are the product of thought-cell activity and physical environment. Increase the resistance of physical environment to a specific event and the thought-cells desiring that specific event must acquire more activity to bring it about. Lower the resistance of physical environment to the specific event desired by a group of thought-cells, and they need to possess less energy to bring it about.

Yet the fact remains, as shown by statistical studies in the present book, and by the statistical analysis of 2,000 charts progressed to time of events in *When And What Events Will Happen*, as well as by a vast amount of research not set forth in these two books, that only the type of events desired by his thought-cells come into an individual's life. Environment may increase or decrease the importance of the events that occur; it may cause the events to be much more or much less fortunate; and it may cause them to be certain specific events of a given type rather than other specific events of the same type. But such events as do happen to an individual, includ-

ing the diseases he suffers, are characteristic of the thought-cell activity of his soul as mapped by his planetary chart of birth; and they happen only at those times when the thought-cells characteristic of the disease are given more than normal activity due to receiving the energy of a progressed aspect.

Thus while physical conditions are important, we are justified in considering thought-cell activity as the primary factor in every disease. And as statistical analysis shows that people who do not have a certain type of thought-cell activity do not have certain types of diseases, we are fully warranted in believing that when other persons who have a predisposition toward a given type of disease properly change their thought-cell activity they do not develop this type of disease.

The same type of thought-cell activity which predisposes toward a given type of disease also predisposes toward a given type of thinking. At the time the disease develops it is practically a certainty that the individual also engages in the type of thinking which is associated with the disease. This does not mean that his objective thinking at this time is chiefly responsible for the development of the disease, even though customarily it does contribute to it. But it does mean that both the disease and the type of thinking are manifestations of the same thought-cell activity.

The particular thought-cell activity chiefly responsible both for the disease and for the type of thoughts that precede and accompany it is accentuated at the time the disease develops by the energy of a progressed aspect to the planet characteristic of them. Both the desires of the thought-cells and their activity before thus being accentuated are due to thoughts and feelings at some time in the past. The thought-cells have been built by states of consciousness characteristic of the planet mapping them, and their desires have been given the particular harmonious or discordant trend indicated by the aspects of the planet mapping them by harmonious or discordant states of consciousness. If, therefore, we include states of consciousness entertained by his soul in lower forms of life before human birth, as well as the thoughts and emotions entertained by his soul since human birth, we are correct in affirming that thoughts and emotions are chiefly responsible_ for every disease and other event which is experienced by an individual.

But while refraining from the kind of objective thinking characteristic of a given disease during a period when progressed aspects indicate there is likelihood of it developing undoubtedly will assist in its prevention, such precautionary thinking may be inadequate to change the desires of the thought-cells. Objective thinking during a given period may only contribute to changes in the desires of the thought-cells.

In spite of directing the objective thoughts over a limited period of time, trains of thought of the type it is sought to avoid may continue to flow through the unconscious mind. The thought-cell activity accentuated by a progressed aspect may continue to work for the disease, and

continue to stimulate thoughts in the soul which are not permitted to be recognized by objective consciousness. Directed thinking and induced

emotion, to be effective in preventing disease, must be employed over sufficient length of time, or must be employed with sufficient intensity, to change the desires of the thought-cells within the soul.

When the thought-cells whose activities are chiefly responsible for a disease have their desires changed so that they no longer work to develop the disease, the individual will no longer think thoughts characteristic of the disease, nor will he develop the disease. Physical precautionary agents have their value, but the one sure way to avoid a given disease is to change the desires of the thought-cells whose activities are chiefly responsible for it, and then through proper thinking see to it that the change is permanent.

***Thought, as Hereafter Considered,
Embraces All States of Consciousness***

As affecting the growth and activity of thought-cells within the soul, feeling, emotion, perception and cerebral activity all are contributing factors which for sake of convenience may be embraced in the word thought. They all contribute to thought-cell activity, which in turn is chiefly responsible for disease and other events. But to determine the nature of the thinking and consequent thought-cell activity which is responsible for each disease can be done with certainty and in sufficient detail only through the statistical analysis of the birth-charts and progressed aspects at the time the disease developed of numerous persons who have actually suffered from the particular disease.

In other words, as handed down from ages past and as verified by extensive observations throughout modern times by a host of careful students, we know the type of thinking characteristic of each planet. We know when a given planet is dominant in a person's chart that he habitually thinks the thoughts and has the emotional reactions characteristic of this planet. We know that when a progressed aspect forms to a given planet in any person's chart his thoughts and emotions are slanted from those normal to him in the direction characteristic of the planet thus aspected. The type of thinking characteristic of each planet is a well known factor.

But the diseases characteristic of each planet are not so well known. Observation has associated certain planets with certain diseases. But these observations need to be checked and corrected as to detail by statistical studies. Statistical studies often modify the opinions formed from general observation, and nearly always reveal additional, and hitherto unsuspected, contributing factors that are commonly associated with each disease. What we need therefore, is a statistical study of each dis-

ease in order to ascertain the astrological factors which are almost invariably present in the birth-charts and progressed aspects of those who develop it.

When the astrological factors which indicate a predisposition toward a given disease have been statistically ascertained, these factors,

in turn, of necessity reveal the type of thinking which is chiefly responsible for the disease; for, as has already been pointed out, the type of thinking associated with each such astrological factor is well known.

When the type of thinking which is chiefly responsible for a disease has been recognized, it is obvious that if this type of thinking is not engaged in there will be less likelihood of the disease developing. Conscious thinking adds energy to the thought-cells in the finer form that are of the same type. But if the thought-cells of the type chiefly responsible for the disease already are powerful and discordant, as indicated by the prominence and afflictions of the planet mapping them in the chart of birth, merely the effort to avoid the indicated type of thinking may need to be supplemented by positively directing the thoughts into channels calculated pronouncedly to change the desires of these thought-cells. In other words, when the predisposition toward a given type of disease is pronounced, merely ceasing to think certain thoughts objectively, while helpful, is not sufficient to prevent the thought-cells from continuing to work to develop the disease. For complete immunity from such a disease which factors in the physical environment do not make impossible, the activities or the desires of the thought-cells must be changed. They must be changed in such a way that they no longer will work, to develop the disease toward which, due to their previous desires, there was a predisposition.

The thoughts through which the thought-cell activity mapped by each planet in the birth-chart tends to express, and the diseases which, subject to check and correction through statistical analysis, are believed to develop from the discordant thoughts thus entertained, are as follows:

SUN influences thoughts of pride, firmness, approbation, conscientiousness and self-esteem.

The health difficulties that may arise when such thoughts are discordant are heart trouble, high blood pressure, infantile paralysis, pneumonia, or diseases of the spine, if other thoughts also predispose toward it.

MOON influences thoughts of the domestic life, women, the offspring, the weak and helpless, or of music.

The health difficulties that may arise when such thoughts are discordant are dropsy, stomach trouble, mental complaints, or afflictions of the eyes, if other thoughts also predispose toward it.

MERCURY influences thoughts about time, written or verbal expression, calculation, travel, the recognition of size, weight, form and color, or the solution of perplexities.

The health difficulties that may arise when such thoughts are discordant are nervousness, neuritis, neuralgia, sciatica, hay fever, asthma, mental trouble, or bowel complaint, if other thoughts also predispose toward it.

VENUS influences thoughts of affection, friendship, beauty, art, mirth, conjugality, or inhabitiveness.

The health difficulties that may arise when such thoughts are discordant are trouble with the kidneys, skin, veins, venous blood stream, thyroid gland, female organs, or one of the so-called social diseases, if other thoughts also predispose toward it.

MARS influences thoughts of construction, destruction, initiative, aggression, combat, sex, eating, or drinking.

The health difficulties that may arise when such thoughts are discordant are operation, accident, infection, inflammation, burn, blood poison, rheumatism, kidney trouble, urinary complaint, or a contagious disease such as small-pox, influenza, measles, pneumonia, scarlet fever, infantile paralysis or chicken-pox, if other thoughts also predispose toward it.

JUPITER influences thoughts of benevolence, veneration, hope, devotion, selling, good-will, or generosity.

The health difficulties that may arise when such thoughts are discordant are always due to an over abundance of something, and may manifest as the ketosis type of acidosis, diabetes, liver trouble, biliousness, catarrh, auto-intoxication, carbuncles, or fatty tumor, if other thoughts also predispose toward it.

SATURN influences thoughts of safety, secrecy, acquisitiveness, covetousness, buying, trading, casualty, comparison, worry, fear, greed, selfishness, system, order, or persistence.

The health difficulties that may arise when such thoughts are discordant are always due to a deficiency, and may manifest as cancer, fibrous tumor, acidosis, tuberculosis, pellagra, atrophy, or constipation.

URANUS influences thoughts of independence, originality, invention, the unconventional, methods unusual, or methods quite new.

The health difficulties that may arise when such thoughts are discordant are paralysis, appendicitis, arthritis, infantile paralysis, or some nerve disorder, if other thoughts also predispose toward it.

NEPTUNE influences thoughts relative to wishful thinking, fantasy thinking, day-dreaming, apprehension, idealistic visions, living in their imagination, or relative to easy wealth, or promotion.

The health difficulties that may arise when such thoughts are discordant are negativeness that encourages invasion by bacteria and to the formation of moist pockets of infection which may be quite hidden, poisoning, or psychic difficulty due to negativeness or over-sensitiveness, if other thoughts also predispose toward it.

PLUTO influences thoughts of groups, statistics, inner-plane conditions, drastic events, the inside of things, gang methods, co-operation, coercion, or universal welfare.

The health difficulties that may arise when such thoughts are discordant are due to a high degree of sensitiveness which encourages invasion by other organisms, hives, hay fever, asthma, or psychic control by another entity, if other thoughts also predispose toward it.

Gauging Thought-Cell Power

As the power of any group of thought-cells to bring into the life events of importance, including the diseases they desire, depends upon their activity, we find the Birth-Chart Constants of diseases to be indicated almost exclusively by planets in the birth-chart--usually afflicted, to be sure-- which map a high degree of thought-cell activity. And high degree of thought-cell activity is mapped only by prominent planets; the more prominent the planet in the chart the more active are the thought-cells which it maps. Therefore, in STELLAR DIAGNOSIS the ability to gauge planetary prominence is highly essential. Why a planet maps a high degree of thought-cell activity, and therefore must be considered prominent under these conditions, is discussed in Chapter One of ***How To Select A Vocation***. Here it will only be stated:

When a planet receives very powerful aspects, especially if a heavy aspect is not more than one degree from perfect, it must be considered prominent irrespective of not being in an angle and aspecting Sun, Moon or Mercury. But such prominence constitutes an exception to the general rule that only such planets in a birth-chart as are in an angle, or which aspect Sun, Moon or Mercury with a reasonable degree of closeness, are to be considered prominent.

The Parts of the Body More Likely to Be Afflicted

Because the astral body occupies a plane where due to velocities exceeding those of light spatial relations are of an entirely different order, it has both zones and compartments whose interrelation is not con-

sistent with our conception of low-velocity three-dimensional existence. Thoughts, feelings and impulses are the foods of the astral body, and each type has an affinity for some one of the twelve compartments of the finer-form makeup. Thus thoughts and feelings which revolve around the personality immediately are assimilated and move into section one of the astral body, mapped by the first house of the birth-chart. Thoughts and feelings about money and personal possessions move into compartment two mapped by the second house, thoughts and feelings about short journeys and studies move into compartment three, mapped by the third house, and thoughts and feelings about the home when assimilated move immediately into compartment four, mapped by the fourth house.

But due to the variations in human personality and character, and attributes of inner-plane existence made possible by its high velocities, these compartments in the astral body in which the thought-cells are

retained are not related to the astral bodies of all people alike. While the order of sequence is always the same, there may be the widest variation in the relation of the thought-cells in a given compartment to sections of the physical body which these thought-cells affect. Thus the thought-cells relating to money may, in one person's astral form, be in the feet; may in another persona be in the knees; may in another person be in the arms, etc.

Yet while the compartments containing thought-cells are variously related to the physical anatomy, the zones of the astral body, as mapped by the zodiacal signs, are the same in all people. Thus each sign, decanate and degree of the zodiac accurately maps the relation of the thought-cells there located to a definite section or place of the physical human body. In the chart of any person, Aries maps the thought-cells that affect the head, Taurus maps the thought-cells that affect the throat, and Sagittarius maps the thought-cells which affect the hips and thighs.

Where the physical difficulty indicated by a prominent and afflicted planet is most apt to manifest, therefore, is indicated in the chart of birth by the sign occupied by that planet, by the signs ruled by that planet, or by the structure or organ of the anatomy the planet rules.

This rulership is as follows:

ARIES rules the head and face, the upper jaw, and the cerebrum, or upper hemisphere of the brain.

TAURUS rules the neck, the ears, palate, tonsils, cerebellum, or lower lobes of the brain, the occipital region, larynx, pharynx, and vocal cords.

GEMINI rules the shoulders, arms, hands, bronchi and the lungs.

CANCER rules the lower part of the lungs, the breasts, the diaphragm

and the stomach.

LEO rules the spine and back, and the heart.

VIRGO rules the abdominal and umbilical region, the duodenum' and the intestines.

LIBRA rules the lumbar region, the kidneys, the ovaries, the seed, and the internal generative organs in general.

SCORPIO rules the sinus or pelvis of the kidneys, the urethras and bladder, the sigmoid flexure, rectum, prostate gland, uterus and external generative organs in general. The nose also seems to respond somewhat to the activities of Scorpio.

SAGITTARIUS rules the hips and thighs and the sciatic nerve.

CAPRICORN rules the region of the knees.

AQUARIUS rules the legs below the knees, and the ankles. **PISCES** rules the feet and toes.

SUN rules the vitality, influences the spleen where the vital electric energy is stored, and the heart which pumps the blood to the various parts of the body. It rules the spine and has a decided influence upon the action of two front pituitary hormones and the thyroid gland.

MOON rules the constitutional magnetism, influences the medulla oblongata and base of the brain where magnetic energy is stored, rules the fluidic and lymphatic system of the body, and has considerable influence over the eyes. It also has a decided influence upon the action of the back pituitary gland, the thymus gland, and hormones of the alimentary tract.

MERCURY rules the brain and nervous system and has a determining effect upon the frequency of the electromagnetic vibrations of the body. It rules the nerve currents, the mouth and tongue, and also has a decided influence upon the action of the parathyroid glands and one hormone of the front pituitary gland.

VENUS rules the venous blood and the veins, skin and hair. It also has a decided influence upon the action of the thyroid gland and the gonad glands.

MARS rules the muscular system and the red corpuscles of the blood. It also has a decided influence upon the gonad glands and upon the

secretion of both adrenalin and cortin by the adrenal glands.

As these are the chief chemicals with which the body fights toxic conditions and invasion by bacteria, an afflicted Mars predisposes to fevers, blood poison, abscesses, and various types of infection. The infection occurs because the body does not have at hand the chemicals with which otherwise it would oust the invaders.

Wounds, abrasions, cuts, tears, surgical operations, and hot, dry, feverish complaints are typical of Mars afflictions. It tends to violence, and to acute and painful diseases.

JUPITER rules the arterial system of the body, the liver, and the fats and glycogen stored as fuel. It also has a decided influence upon the manufacture and secretion of insulin by the pancreas gland.

SATURN rules the bones and ligaments, the teeth, and the mineral salts of the body. It also has a decided influence upon the action of the adrenal gland in the manufacture and secretion of adrenalin, a decided influence over the spleen, and a decided influence over one hormone of the front pituitary gland.

As the spleen is the storage battery of the vital electric energy, an

affliction to Saturn tends to a condition of the spleen in which it is unable to get and hold reserve energy. Saturn also tends to produce poverty in other essential things, such as lack of the proper elements in the food, lack of assimilative ability and, through inadequate adrenalin, lack of ability to draw on the emergency fuel supply.

Saturn is negative and subtle in its influence. It tends to the accumulation of toxins in the blood, and to various chronic and wasting diseases which persist because of lack of vigor and energy to remove their cause. Atrophy, tuberculosis, arthritis, and cancer are types of afflictions which are characteristic of Saturn.

URANUS, as the octave of Mercury, has considerable influence over the sensitiveness of the nervous system and the nerve currents which flow over it. Its action is to increase the potential and vibratory rate of the electrical energies generated by the nerves, encouraging high-tension such as precedes cerebral hemorrhage or appendicitis. It also has a pronounced influence over the action of the parathyroid glands, and influences one hormone of the front pituitary gland.

NEPTUNE has very much the same influence over the action of the parathyroid glands that Mercury and Uranus do in giving sensitivity to the nervous system, and it influences the hormone of the pineal gland.

Its most pronounced influence on disease is through the negative

condition it induces through the action of the pineal hormone to suppress and counteract the action of cortin. The excessive negative condition thus induced tends to the accumulation of toxins. Neptune is also the poisoner. And because it reduces the action of the typical Mars gland, so the poisons cannot be eliminated from the body, it favors the formation of pus, and moist wasting diseases. It tends to perversions, to the use of narcotics and opiates, and as closely associated with the astral plane is responsible for certain maladies caused by astral entities, which when severe enough become obsessions.

PLUTO, while having the drastic quality and sometimes the forcefulness of the watery sign Scorpio, which it rules, in most respects may be considered as a higher octave expression of the Moon. It influences the hormone of the pineal gland, one hormone of the front pituitary--the one related to co-operative effort --the cortin hormone of the adrenal cortex, and secretions of the parathyroid glands. When its thought-cell activity increases the pineal secretion, rather than cortin, we have much the same negative condition and susceptibility to toxic poisons influenced by Neptune. Pluto also tends to sensitiveness to people's thoughts and to the vibratory rates from the astral plane. Through its affinity to the eighth house rulership of Scorpio, it enables those on the inner plane of life to impress their thoughts in a recognizable form on the individual. These may be beneficial or they may be coercive and tend to irresponsible mediumship or obsession.

Locating the Predisposing Constants

Unlike most departments of life, the thought-cells influencing which are chiefly confined to a single compartment of the finer body, mapped by one of the houses of the chart, no section of the whole astral body should be neglected when considering physical health. While certain compartments--those mapped by the sixth house and the first house--are more important where health is concerned, all twelve zones, however they may be mapped by the houses, should be scanned with the object of ascertaining how active and how discordant the thought-cells are there indicated. Such zones of the astral body--head, throat, lungs, stomach, heart, bowels, etc.--which contain planets, or whose rulers are heavily aspected, indicate a high degree of thought-cell activity. And if this activity is shown to be discordant, as indicated by the aspects these planets receive, they indicate where disease is most likely to attack.

In general, the most powerfully afflicted planet in the chart indicates the predisposition which is most likely to develop into a characteristic disease, the next most heavily afflicted planet the next predisposition which is most likely to develop into characteristic disease, etc.

Therefore in scanning a chart for the most likely health difficulty it is well to look first for the heaviest affliction in the chart; then consider the next heaviest affliction, etc.

In thus looking for the affliction the thought-cell activity of which is most likely to affect the health, prominence--which means high degree of thought-cell activity--should be considered as well as the harmony or discord of the aspect. In some diseases a prominent planet even when well aspected indicates a predisposition to a given disease. Thus a prominent Saturn trine Moon gives a predisposition toward ear trouble; but the difficulty is apt to be far less severe than had Saturn been square the Moon. Mars prominent and trine or sextile Moon gives a predisposition toward eye difficulty, but the difficulty is apt to be far less serious than had Mars been opposition Moon.

In considering the predispositions toward health difficulties, while every zone and planet must be considered, there are five factors of such outstanding significance that they should always be given special attention. They are, in the order of their importance:

1. The Sun as ruling the vitality.
2. The Moon as ruling the magnetic constitution.
3. Mercury as ruling the objective thoughts.
4. The Ascendant and First House as representing the physical body.
5. The Sixth House as representing the zone of least resistance.

SUN: As indicated in Chapter Four, the thought-cells mapped by the Sun show the vitality and recuperative power. The electromagnetic form is composed of energies of different frequencies and wavelengths. The wavelengths of the electromagnetic energies radiated under the influ-

ence of the Sun type of thought-cell activity are of lower frequency than those induced by Mercury, Uranus, Neptune or Pluto, but the potential is high. It is the range of frequencies specially adapted to sustaining life and vitality.

Many people who generate plenty of electrical energy never have vitality enough to maintain health or do the things otherwise they would be able to do, because so much of the total electrical energy generated is diverted into other frequencies, such as those used in cerebral processes or in negative moods or in over sensitiveness, that there is not enough of this Sun frequency to repair the cells, take care of the organs, and direct the physical functions.

As the electromagnetic form is chiefly of this vibratory rate and its polar opposite, the frequencies of the Moon, any planet aspecting either Sun or Moon has direct access to the nerve currents and to the various terminals of the aspect arials that reach all the thought-cells of the astral body.

MOON: Vitality and health are not the same thing. Vitality comes from the Sun. Health depends upon the soundness and magnetic strength of the constitution, and this is mapped by the various planets and aspects. But because the Moon maps the mental attitude and the vibratory frequency which, although constituting a large part of the electromagnetic form, is of opposite polarity to that mapped by the Sun, the influence of its thought-cells upon the constitution is outstanding. The electromagnetic form is really a Solar-Lunar form. And thus this low potential, low-frequency and high volume energy mapped by the Moon is chiefly instrumental in nourishing and soothing the physical cells, organs and functions.

And because they are so importantly associated with the electromagnetic form, the thought-cells mapped by the Moon have easy access to the aeries which reach all the thought-cells of the finer body.

MERCURY: Mercury not only rules the cerebral thoughts, but the nerves and the currents which flow over them. These currents are electrical in nature, chiefly generated by the thought-cells mapped by the Sun and Moon. But Mercury is constantly building images in the objective mind, constantly sending trains of words and sentences through the mind. All these thoughts expressed either mentally or verbally, tend to tune the nerves so that the electrical energies passing over them pick up inner-plane vibrations of a corresponding type.

Furthermore, aside from thus tuning the nervous system and the electrical currents passing over them to planetary and other inner-plane energies, and aside from the suggestions offered by the individual's thoughts about himself and his health, these verbally and mentally expressed thoughts actively add new thought-substance to the astral body, and build with it, according to their import and harmony or discord, new thought-cells and new organizations of thought-cells. It is not without significance that Mercury is the ruler of the natural sixth house,

because the type of thought building material thus being added through objective thinking is indicated by it.

ASCENDANT AND FIRST HOUSE: Next in importance to Sun, Moon and Mercury where physical health is concerned is the dynamic thought group which acts as a ground wire, which through the electromagnetic energies flowing through it, connects up the astral body most closely with the physical plane. This is mapped in a birth-chart by the degree on the Ascendant.

That compartment of the astral body in which the thought materials most readily tend to collect and organize as thought-cells which have to do with the physical body, its form and method of expression, is the zone mapped by the signs in the first house. These thought-groups which relate the individual most directly to the physical world through

bodily contact are present in this section of the astral body. And the degree on the Ascendant is the particular point where the whole astral organism, through electromagnetic energies, is grounded.

If this first house is vigorous and harmonious, as mapped by the ascending degree and the planets in the first house receiving good aspects, it indicates a vigorous and harmonious physical body. But if the planets in the first house are much afflicted, and the degree on the ascendant is afflicted, it indicates that the physical body in a similar manner is subject to discords.

SIXTH HOUSE: Now just as we rightly consider the first house of a birth-chart as indicating the physical strength, so there is another house in every birth-chart which is associated with physical weakness. Less energy from the planets finds its way into the astral body through the zone mapped by the sixth house of a birth-chart than through any of the other twelve zones. This zone, consequently, in all birth-charts, represents a compartment in the astral body of great weakness. And if a malefic planet is located in the birth-chart in this zone, this indicates a planetary terminal where disease finds most ready access to the physical body.

Two things are always present in disease; an affliction to the body and illness. The physical body is ruled by the first house, and illness is ruled by the sixth house. And statistical analysis shows that when illness develops there is practically always a progressed aspect to the ruler of the first and also a progressed aspect to the ruler of the sixth. There must be an acceleration of thought-cell activity in the first house and an acceleration of thought-cell activity in the sixth house to attract disease into the life.

Stellar Healing

The Stellar Healing of others can no more be successfully practiced by the layman than can naturopathy, chiropractic, or osteopathy. To prac-

tice it successfully the individual should possess a natural aptitude for it, and undergo proper training. Its technique is fully set forth in B. of L. Course XVI, ***Stellar Healing***. What is said here, therefore, relative to the healing of others, is merely a general popular explanation. And what is said relative to the use of Stellar Healing under the heading of each disease, is chiefly to indicate principles of self-healings; although it does also give indications to the professional Stellar Healer who has been trained in that art, just as other indications are given to those who use physical remedies and who are duly licensed to use them.

Progressed aspects deliver planetary energy in volume to the

thought-cells mapped by the planets forming the aspect. This energy not only gives greater activity to the thought-cells, but to the extent it is discordant it tends temporarily to give the thought-cells discordant desires and to the extent it is harmonious it tends to give the thought-cells harmonious desires. This energy, however, of itself does little to change the thought-cell composition; for after the progressed aspect is past the individual's fortune may return nearly to normal.

But if the progressed aspect also influences his thinking and emotions, these thoughts and emotions use the energy of the progressed aspect to recondition the thought-cells, that is, to change their composition and their desires. And to the extent this takes place; the individual's fortune is different after the progressed aspect is past. The energy of the progressed aspect, directed by thoughts and emotions, is able to change the thought-cells much more pronouncedly than the individual can change them with the same amount of thought and emotion when the energy of the progressed aspect is not present. That is, the energy of the progressed aspect is added to the thoughts and emotions, and gives them just that much more power.

Certain individuals known as Stellar Healers develop the ability so to tune their nervous systems in on any selected planetary vibration that they pick up this selected planetary energy in volume comparable to that when an individual has a powerful progressed aspect in his chart. They make of their nervous systems, not only a receiving set to tune in on the selected vibratory rate, through generating a surplus of electromagnetic energy that flows over their nerves they use this electromagnetic energy as a conductor to convey the planetary energy they are picking up to the thought-cells to be treated in a patient's astral body.

This is not a new method of treatment; for such use of planetary energies by a Stellar Healer was developed to a high degree by that great initiate Akhenaten in ancient Egypt. The planetary energies picked up, radio fashion, by the healer, and are transmitted to the patient through the electromagnetism flowing from the healer's hands. All healing by Laying on of Hands, such as Jesus commanded His followers to do, convey the thought in the healer's mind to the thought-cells needing to be changed through the electromagnetism passing from the healer's hands to the patient. Jesus indicated that true Christians were to be recognized by their power thus to heal the sick. Mark 16:17-18. "These signs shall follow them that believe: In my name they shall lay

hands upon the sick, and they shall recover." In fact, if we are to believe the Bible, the two things which Jesus commanded His followers to do, and emphasized in a manner to indicate they were of equal importance, were to, "Preach the Gospel and to heal the sick." And historians record that healing was a common practice among all believers in Christianity for several hundred years after the crucifixion. Iranasus, in 110 A.D., for instance, chronicles, "Man healed the sick by laying their hands on them."

Such healing is THOUGHT-CELL HEALING, but not necessarily Stellar Healing. Electromagnetic energy from the hands is used to facilitate and give power to the image in the healer's mind reaching the thought-cells that should have their activities or their desires changed. But in Stellar Healing, as practiced 3,300 years ago in Egypt, and as practiced also at the present day, planetary energy of a selected type is added to the thought that is conveyed to the patient with the electromagnetism which, flowing from the healer's hands, acts as a conductor; and this planetary energy, being properly selected, gives the thought not only vastly more energy, but energy of the special kind most suitable for the purpose desired.

But while the ability to use such planetary energies in the healing of others needs natural qualifications and special training, the individual safely can apply the more important factors of Stellar Healing to himself. And of course the best time for him to employ them is while he still is in good health, and before the diseases toward which he has a predisposition develop.

Instead of directing the planetary energy tuned in on and the thoughts they reinforce through his hands, as the Stellar Healer does, through developing and holding the proper mood he tunes his nervous system in on the selected planetary energy just as the Stellar Healer does, but he directs his thoughts reinforced with this planetary energy into making the changes desired in the thought-cells of his own finer body. This process is briefly explained in Chapter One under the sub-heading, Changing Thought-Cell Desires Through Rallying Forces. But it is a principle which also can be used to advantage when seeking Conversion or applying Mental Antidotes. That is, whatever the quality of the thought which is used to change the activity or the desires of the thought-cells being treated, it can be given multiple power by reinforcing it through tuning in--by gaining and holding the mood characteristic of the constructive quality of the planet--on the planetary energy of similar quality.

As indicating the mental antidote for the afflictions mapped by each planet, and the nature of the feeling to be induced effectively to tune in on each of the planets, the following will serve as a general guide:

SUN is not the natural antidote of any other planet, but its harmonious vibrations add vitality to the thought-cells mapped by any planet. The feeling to be induced is that of dominant vital power. To assist in holding this mood, the individual may saturate himself mentally with the color orange.

MOON is the natural antidote of Mars. The feeling to be induced is that felt by a mother for the babe in her arms. It is an enfolding, caressing, gentle and sustaining vibration, rounded and strictly feminine. To assist in holding this mood the individual may saturate himself mentally

with the color green.

MERCURY is the natural antidote of Jupiter. The feeling to be induced is that felt when the mind is concentrated on solving some problem. To assist in holding this mood the individual may saturate himself mentally with the color violet.

VENUS is the natural antidote of Saturn. The feeling to be induced is that of affection, quite apart from the passion of sex. To assist in holding this mood the individual may saturate himself mentally with the color yellow.

MARS is the natural antidote of the Moon and Pluto. The feeling to be induced is that of abundant and positive aggressive energy. To assist in holding this mood the individual may saturate himself mentally with the color scarlet.

JUPITER is the natural antidote of Mercury and Uranus. The feeling to be induced is that of prayer, devotion, and thankfulness to the Almighty. To assist in holding this mood the individual may saturate himself mentally with the color purple.

SATURN is the natural antidote of Venus and Neptune. The feeling to be induced is that of cold, unbending justice. To assist in holding this mood the individual may saturate himself with the color steel blue.

URANUS is the natural antidote of Jupiter. The feeling to be induced is that of intense potentiality devoted to discovery and originality. It is the mood of inspiration.

NEPTUNE is the natural antidote of Saturn. The feeling to be induced is that of sensitivity and keen awareness to inner- plane presences. It is the mood of extra-sensory perception.

PLUTO is the natural antidote of Mars. The feeling to be induced is that of high potentiality conscious and functioning on the inner plane. It is the mood of conscious and directed inner- plane soul activity.

What type of thoughts should be used, and what planetary vibrations should be thus tuned in on, depend upon the thought.. cells whose activities or desires are to be changed. And to determine which thought-cells need thus to be changed, the Birth- Chart and Progressed Constants which are responsible for the disease, or give a predisposition toward it, must be known. To ascertain these is the purpose of the sta-

suffered from the given disease.

All the 850 birth-charts analyzed in this book were erected by Lenora Conwell. In the 700 charts progressed to the date a given disease developed, she placed the progressed positions of all ten planets, the M.C. and Asc. around the outside of the chart. While she tabulated the progressed aspects and other factors; I also tabulated them independently from the charts with the progressed positions around the outside of each.