

*Chapter 7*

---

## **Thoughts Which Prevent Cancer**

Next to heart trouble more people in America die of cancer than from any other disease. And as when the heart stops beating, from whatever unknown cause, there seems to be a tendency to state the individual died of heart trouble, it will be realized that at present cancer competes with all others as the number one disease enemy of man. In the U. S. one person in every seven now dies of cancer.

To understand the nature of cancer and its depredations it must be recognized that the tissues of the body consist of cells of which different types enter into the formation of the different organs and structures. These cells multiply through division. In early youth they multiply rapidly, but when the body has reached full growth the action of certain hormones upon them causes them to stop increasing in number. They continue to die and be replaced with new cells provided through cell division, but this replacement is held within the normal form of the body at maturity.

Under discordant Saturn and Jupiter thought-cell activity some cells become immune to the chemical control processes provided by the hormones and are no longer subject to the growth restraint which regulates the normal cells surrounding them. The normal cells are then overgrown by the wild, lawless, self-centered cells, with which they are unable to compete for nourishment. These ruthless and greedy cells which differ in chemical composition from the normal cells, and therefore are not susceptible to the same chemical control, are called cancer cells.

The two main types of normal body cells consist of one variety which covers the outer surface of the body and lines the inner surface of the mouth, stomach and intestines, and the glands which open on to the one or other surface. When the predatory cancer cells develop among these cells the disease is called carcinoma.

The other main type of body cells consists of those which go into the muscles, bone, connective tissue and general framework of the body. When the lawless cells develop among these connective-tissue cells the disease is called sarcoma. Sarcoma

is found in people of all ages, but carcinoma seldom attacks young people and is seldom found in those less than thirty years of age. In general cancer in youth or middle age grows more rapidly than when it appears later in life. Certain parts of the body are much more often attacked by cancer than others. The stomach and rectum in both sexes, but more often in the male, and the female breasts and uterus are especially vulnerable to carcinoma. While cancer seldom starts in the liver or lungs, they both frequently are attacked secondarily by cancer which starts elsewhere in the body.

There are other growths than cancer which may develop. A benign tumor differs from cancer in that the cells of which it is composed have no tendency to invade any of the neighboring parts. Usually the growth of a sarcoma is more rapid than that of a carcinoma. The surrounding tissues are invaded, and even though these cells put up a fight they are quickly overcome. Also there is the tendency of portions of the growth to enter the blood stream and be carried to remote parts of the body and there start to multiply in a secondary growth. Such dissemination by the circulation is much more common with sarcoma than with carcinoma.

While mention has been made of the two broad types of cancer, such bandit cells may develop in any organ or structure of the body, even in the blood cells. And in whatever tissue they develop, when they are transplanted by the circulation to other regions of the body they retain their characteristic original form and as they multiply consist only of this special type of cell. That is, cancer cells seem to be mutations of normal cells, irreversibly changed in such a manner that they can never be rendered normal again. So long as they live they will continue to be self-centered outlaws. Yet to them are applied many different terms. These refer to the type of cells of which they are composed. Thus an adenocarcinoma is one that develops from a secreting gland, an epithelioma is a cancer which develops in the epithelium of the skin or a mucous membrane, etc.

Cancer cells differ in shape from normal cells, making it possible to recognize them with a microscope. They also have different affinities for colored dyes. The use of such coloring revealed the way in which cancer destroys the body. A thin slice of an organ affected with cancer when placed under a microscope shows the finger-like processes of the parasitic cancer tissue invading and destroying the normal tissue. The normal tissue resists, but by its superior strength the cancer tissue wins the battle with the normal tissue, resulting in the dissolution of the defeated normal cells.

Animals as well as man develop cancer. And cancer tissue can be transplanted from one animal to another if closely related animals are used. After such transplantation the bandit tissue grows and thrives in its new host. Furthermore, Peyton Rous showed that in the case of cancer in fowls, the malignant tissue could be transplanted even though the cancer cells were ground up and passed through a filter that would

not let the cells through. This proved, at least in the case of fowls, that cancer could be caused by some part of the cells, that is, by what is now

called virus. This led to the discovery of the exact molecular structure of a chemical agent capable of producing cancer. This chemical agent, when synthesized, was found to have a structure very similar to the sex hormones secreted in the body. The injection into mice of certain sex hormones resulted in cancer of the breast and other organs. And the injection of cancer-producing compounds into certain animals caused sex changes in them. Thus at the present moment cancer researchers are inclined to believe that cancer in man has something to do with some abnormal formation of sex hormones. They believe that in the manufacture of normal sex hormones, abnormal chemical conditions result also in the manufacture of small amounts of hormones a bit different, and that substances structurally allied to the sex hormones are the substances which cause cancer.

This is the present frontier of opinion regarding the physical agent which produces cancer. But that there is some chemical imbalance in the blood stream which is coincident with and encourages the development of cancer seems definitely proved. The fact has been established, for instance, that certain types of compounds will regularly cause cancer in an animal if the animal is given a diet lacking in certain vitamins and other food elements. But if these vitamins and other food elements are added to the diet and the compound is fed, no cancer develops. That is, in these experiments, proper food is a preventative of cancer.

In man, something goes wrong in the manufacture of chemicals within the body. Instead of sex hormones, other chemicals are formed closely related to the sex hormones. The compounds thus manufactured have the power of changing normal cells into wild, self-centered cancer cells. The chemical manufactured in error in some manner seriously interferes with the life processes of the normal cells. These are poisoned. And in the attempt to overcome and resist the poisoning they become tough and wild, as a boy may be made a criminal by the harshness and injustices of his environment. And these cells, after becoming outlaws, prey upon the normal tissue.

At the present state of knowledge one other factor is the most important of all when cancer cells have once started to form. It is that while young, and before they have had much time for development, these cancer cells are not tough. In the early stages they still are tender. And while in this early stage they may be killed by high-frequency radiations that are not intense enough to kill the surrounding normal cells. The difficulty usually encountered in using such treatment is that the cancer cells have become so tough by the time the patient visits the clinic that any rays applied to them will also kill the surrounding tissue.

There are cancer clinics now in the larger cities, and people should be made to understand that if they go to such a clinic early enough that

cancer can definitely be cured. Therefore if they have even a very small growth they should have it investigated. In its actual beginning a cancer is painless, although later on pain may be present. In cancer of the skin a tumor or swelling is the first symptom. Warts, birth-marks and moles that start growing need investigation. Many lumps in the breast

are not cancer, but in women over forty they often are cancerous, and such a lump--especially if it results from a bump--is often the first indication of cancer. In the breast of a fat woman a lump may form and remain unnoticed for months except for a dimpling of the skin. Such a dimple, especially in a woman over forty, may betray the cancerous growth that has started beneath. More diffuse and less well-defined lumpiness or hardness of the breast that may be accompanied by an aching pain at the time of the monthly period needs watching.

A lump or discharge should not be neglected because of absence of pain. Pain may or may not be present in the early stages, and may even be absent in rather advanced stages. Discharges are present only in those cancers which reach the surface. Such a discharge may be blood-stained, watery or mucoid. Any person who has a discharge of blood or mucus from the rectum, and any woman who has irregular discharges of blood from the vagina between her periods, should have competent examination. Gastric or intestinal cancer usually leads to pains, pains which often are attributed to indigestion. Other deep seated cancers interfere with the function of the organ affected.

The physical cause of the cancer--the chemical resembling a sex hormone--is in the blood stream of those who develop the disease. This chemical, perhaps aided by toxins in the blood, tends to poison the cells of the body. With such a poisoned blood stream the repeated irritation of any tissue may permit the development of the greedy, wild bandit cells. Cancer practically always develops where there has been an irritation. The tongue coming constantly in contact with a sharp tooth, burning the throat or stomach repeatedly with too hot food, the nicking of a particular spot repeatedly by a man in shaving, a bruise on a woman's breast, bumping the leg or knee often in passing some obstruction in home or office, repeatedly burning the lips in smoking, a burn on the skin or a chronic sore, or irritation through much contact with tar or paraffin, may give cancer an opportunity to develop if the blood stream contains the cancer chemical.

This chemical seems to be present only when there is nutritional imbalance, and it seems quite certain that faulty nutrition contributes to its presence. For example, it has been established that those with cancer of the stomach have a disordered reserve of Vitamin A. With the growth of cancer of the stomach the body seems to lose its ability properly to store and handle Vitamin A. Not only does the administration of synthetic cancer producing chemicals to animals markedly lower the ability to handle Vitamin A, thus inducing a vitamin disturbance similar to

that witnessed in people who have cancer, but even when great amounts of Vitamin IA are administered to cancer patients in the effort to build up their health and ability to withstand operation they seem unable to handle it.

In cancer of the white blood cells, called leukemia, it has been demonstrated that there is an outstanding disturbance of the ability to handle Vitamin B-1. In leukemia, the leukocytes or white blood cells have a much higher content of Vitamin B-1 than do the normal white blood cells.

***100 People Who Had Cancer***

*Birth-Chart Constants*

Birch-Charts analyzed .....	100	100%
Charts with Saturn prominent .....	99	99%
Charts with Saturn prominent and afflicted .....	97	97%
Charts with Jupiter prominent.....	100	100%
Charts with Jupiter prominent and afflicted .....	95	95%
Charts with Moon prominent .....	100	100%
Charts with Moon prominent and afflicted .....	96	96%
Charts with Neptune prominent .....	100	100%
Charts with Neptune prominent and afflicted .....	91	91%

*Progressed Constants*

Charts with progressed aspects (aspects made by progressed Moon ignored) calculated for the time of cancer .....	100	100%
Charts with progressed aspect to Saturn .....	100	100%
Charts with progressed aspect to Jupiter.....	100	100%

As explained in full detail in the book *Stellar Dietetics* there are two kinds of acidosis of the blood stream. One is the deficiency type in which, under the influence of Saturn thought- cell activity, the individual fails to get in his food the mineral salts which are necessary to keep the blood stream slightly alkaline. The other is the repletion type in which, under the influence of Jupiter thought-cell activity, the individual through eating too abundantly, too rich foods, or inability properly to burn the fuel supplied in his food, loads his blood stream with incompletely burned fuels. This type is called ketosis.

The prominence and affliction of both Saturn and Jupiter as shown in the table indicate that those who develop cancer have a predisposi-

tion toward both of these types of acidosis. On the one hand they tend to fail to acquire the variety in their foods which will supply the mineral salts and vitamins, and on the other they tend to load the blood stream with other foods which are starchy or greasy or with more sugar than they can supply insulin to burn.

There are two types of thought-cell activity which give this predisposition. One is the discordant Saturn type. This means that the individual also, because of the Saturn thought-cell activity, tends to thoughts of worry, grief, fear, envy, greed or self-centeredness. Yet some people who have a prominent and afflicted Saturn neither acquire cancer nor permit fear, grief, worry, or self-centeredness to dominate their thinking sufficiently that the disease gets a foothold. These people have trained

their Saturn thoughts to express through careful planning, system, order, persistence, elimination of waste, organization or efficiency to such an extent that these thoughts and constructive Saturn events use up the energy of the Saturn thought-cell energy so completely that little is left for developing disease.

At the time cancer develops there is always a progressed aspect to Saturn, and very frequently a progressed aspect to Saturn from the Sun. And from observation we know that when there is such a progressed aspect to Saturn, especially if Saturn is prominent and afflicted in the chart of birth, responsibilities or losses are attracted by the activities of the thought-cells which, unless some other trend of thinking is deliberately cultivated, bring fear, worry or grief. And clinical observers report that preceding cancer a high preponderance of the patients have suffered some loss, often where the affections are concerned, to which they are unable properly to adjust themselves. Inwardly they continue to hold on to that which has been lost.

Now let us consider that in addition to the acidosis blood stream and a blood stream containing poisonous chemicals such as are indicated by a prominent and usually afflicted Neptune, that the growth hormone of the front pituitary gland responds chiefly to Saturn thought-cell activity. Not only the supply of adrenalin is affected by fear, worry, greed, self-centeredness, and especially acquisitiveness which inwardly holds to that which has been lost, and grieves for it, but the supply of this growth hormone. As indicated in Chapter Three, its over-activity gives rise to gigantism, and when not decreased at puberty due to action of the gonad stimulating hormone ruled by Pluto, an adolescent boy fails properly to develop manly characteristics and becomes excessively fat. And it seems that when the blood stream has acquired certain chemicals inimical to the normal cells, this same growth hormone encourages the growth of cells that are tough enough to withstand the poisons in the blood and greedily deprive the normal cells of nourishment.

Over activity or discordant activity of the Jupiter thought-cells gives rise to the type of thinking which places too great reliance on faith, good

luck and the protection of providence, instead of taking an adequate share of the responsibility. The desires are so strongly dominated by wishful thinking that they are not restrained by the intelligence. And this attitude is reflected in the dietary habits, there being a tendency toward over indulgence, especially in reference to sweets and fat foods.

Now sugar and fats are the standard fuels of the body. The more sugar taken in as food the more insulin there must be properly to handle it. And the more fat there is in the diet the more insulin there should be, because fat can be burned only in the presence of sugar, and insulin helps in the combustion of both. The secretion of insulin by the pancreas gland is under the influence of the activity of the Jupiter thought-cells.

When the insulin is insufficient for fat combustion the fat used as fuel is incompletely oxidized and its fatty acids are added to the blood stream. This smoldering fuel undoubtedly helps to produce a condition in the blood stream which enables the cancer producing chemical to develop cancer cells.

Both the action of the pineal hormone, which reacts to the activity of the Neptune thought-cells, and the action of the thymus hormone, which reacts to the activity of the Moon thought-cells, tend toward preventing precocious maturity. In other words, they tend to counteract the influence of the hormones which change the individual from the childish state, in which cell growth is more rapid and the attitude toward life is that of seeking the line of least resistance, to the state of maturity. And in addition to this youth producing effect, Neptune is the planet of poisoning.

### ***Precautionary Actions***

It will be understood, of course, that many people have all the birth-chart constants of cancer, and pass through periods in their lives during which there are progressed afflictions to both Saturn and Jupiter, without developing cancer. These constants merely show predispositions which, under certain environmental conditions and habits of thought, enable cancer to develop.

According to the mentioned findings of present-day cancer research, two things stand out clearly: One is that there are certain cancer producing chemicals one or more of which is in the blood stream of those who develop cancer. The other is that even when these cancer producing chemicals are in the blood stream their ability to develop cancer is influenced markedly by the diet of the individual; the indication of experiments being that proper food is a preventative of the disease.

The *precautionary actions*, therefore, should have in view both the prevention of the manufacture within the body of the cancer producing chemicals, and the supplying of the body with a diet that in spite of such chemicals being manufactured there will be little likelihood of can-

cer developing. While we cannot overlook the power of certain foods, or their lack, to influence the secretion of definite hormones, we must recognize that the chemical manufacturing and other functions of the body are chiefly under the influence of endocrine secretions, and that these hormones, in turn, are profoundly influenced by the thoughts and emotions. An imbalance in the emotions is sure to result in unusual activity of some endocrine gland, and this in turn to an imbalance in the chemicals of the blood stream. The inward tenacious clinging to something which has been lost, for instance, not only places a strain upon the adrenalin supply, but also stimulates the abnormal secretion of the growth hormone of the front pituitary gland.

The Moon, which is prominent, and usually afflicted, in the charts of those who develop cancer, is the planet of mentality in the sense that its thought-cells map, not the thoughts expressed in words and sentences or those relating to careful reasoning, but the feelings about things, the hunches, intuitions and unreasoned processes, which largely determine the attitude toward people and things. The Moon thought-cells are the most receptive of all to impressions from environment. Thus

these people are apt to feel deeply such loss or discord as their Moon thought-cells or their Saturn thought-cells attract.

And when Neptune is also prominent in the birth-chart the sensitiveness, negativeness, and imagination are still further increased. The importance and significance of such loss as is attracted through the activity of the Saturn thought-cells are dramatized and exaggerated. And in addition, the Neptune thought-cells when discordant tend to attract poisoning, and therefore tend to increase the tendency of the blood stream-- through decreasing the secretion of cortin, which is necessary to handle the proteins--to contain inimical chemicals.

To recondition the thought-cells so that they will resist, rather than attract cancer, three types of mental antidotes are chiefly needed. Primarily--for cancer is more closely related to the activities of the Saturn thought-cells and the endocrine secretions influenced by them--there is need of reconditioning the Saturn thought-cells. But as the negativeness indicated not merely by a prominent Saturn, but by the Moon and Neptune likewise, is an important factor, a more positive attitude also is greatly needed. And as Jupiter, with its reliance on feeling rather than on careful reasoning, is always an influence, the Jupiter thought-cells need reconditioning.

Relative to the environmental factor, other than avoiding the irritations or abrasions that afford facilities for the start of cancer when the cancer producing chemical is in the blood stream, as there is always a progressed aspect to Saturn and a progressed aspect to Jupiter at the time the disease develops, there should be especial attention to providing the foods indicated when these two planets are afflicted by progressed aspect.

Under the active Jupiter thought-cells, the diet should be rich in sulfur, and there should be avoidance of rich foods, and the sugar and fats partaken of should be held to a reasonable minimum. Over eating should be avoided.

Instead of the attitude of careless reliance on luck and circumstances to take care of events, pleasure should be cultivated in the intellectual appraisal of events and conditions. While looking to divine power for inner guidance and protection, whenever there is a tendency toward impulsive action, toward extravagance, or toward indulgence, pleasure should be cultivated in substituting thoughts of careful discrimination. Prayer, serious contemplation of the purposes of God's Great Plan, entertaining the resolution to assist in the realization of that plan, and well thought out charitable actions will channel the activities of the Jupiter thought-cells to express through constructive avenues, and thus use up their energies. And the substitution of analytical and directed thinking for the impulsive and less considered Jupiter trends will add to the Jupiter thought-cells their mental antidote, the thought-elements of Mercury.

As Saturn always works through deficiency, the foods should be selected that will supply a wide variety of proteins, minerals and vitamins. There should be in particular sufficient of the mineral salts that

the lactic acid and the toxins in the blood stream will be neutralized. Whatever the source of the cancer producing chemical in the blood stream, from the known tendency of afflictions to Saturn and Jupiter to give an acid blood stream, it would seem certain that such an acid blood stream is favorable to it. And the fact that when cancer is present there is vitamin imbalance indicates that there is special need of the vitamins in the prevention of the disease.

Relative to the Saturn thought-cells, these need to be reconditioned to express harmoniously. Their legitimate need for expression can be provided for through thinking about organization, system, efficiency, order and persistence toward some constructive accomplishment.

But in addition to such expression they should be provided with their mental antidote. Saturn thoughts tend to be laborious and painstaking. To lighten them, and give them buoyancy and build them into a harmonious compound they need the artistic, light, social and cheerful thoughts ruled by Venus. Not only can this antidote be applied by substituting thoughts of affection, thoughts about things of beauty, and thoughts about amusement, for the serious and laborious thoughts, and especially for thoughts of fear, worry, anxiety, sorrow, loss or grief, but it can be applied by cultivating pleasant social contacts, going to musical and other entertainments, and getting as much pleasant emotion as possible out of them. Such recreation will benefit very little, however, if while engaged in it thoughts about serious problems and about things

that occasion worry are permitted to hold the attention. But as Saturn is negative, and as the influence of the thought-cells mapped by both the Moon and Neptune is negative, something more than the mere adding of antidotes and the diverting the thought-cell activities into more constructive expression is needed.

The electrical charges generated in the brain cells are positive to the rest of the body, the strongest negative charges, as determined by experiment, being in the liver. Vigorous life and positiveness depend upon the difference in potential between the brain and the liver. Fear, worry, grief, the listless Moon thoughts, the hypersensitive Neptune thoughts, or other negative thoughts or moods such as dominant negative planets encourage decrease the electrical difference between the brain and liver. This means that they lower the vitality.

As from the prominence of negative planets in the charts of those who develop cancer it seems certain that such lowered vitality due to negativeness favors the development of the disease, and as in applying the mental antidote to either Saturn thought-cells or Neptune thought-cells there is always need of using Sun thoughts to give greater positiveness, such Sun thoughts are an essential part of the *precautionary actions* in preventing cancer.

To apply them effectively, the attitude should be cultivated that any situation which may arise will be competently handled, that there is power present to overcome through constructive effort any difficulty which may arise, and that one is a significant factor in the universal scheme.

Then when any negative mood commences to be felt, or any nega-

tive thought starts to enter the consciousness, it should be ousted by turning the attention vigorously to thoughts of power and competence. To gain the electrical potential to oust such invaders and to be able to hold the selected positive thought, the nerves may be tensed slightly, and one may become a little more alert and determined and hold the feeling of radiating slightly and acquiring the required electrical power.

