

## How to Consecrate and Use a Gazing Crystal or Magic Mirror or Crystal

### Issued under the auspices of The Brotherhood of Light

In order that only benefic influences shall be attracted to a Magic Mirror or Crystal, before being used as an aid to psychic unfoldment it should be consecrated by the person who expects to use it. Otherwise influences and entities corresponding to the state of mind of the seer at the time of each using will be attracted. The rite of consecration should be performed at midnight of full-moon. Full-Moon is the period of high tide for the magnetic forces that flood the brain of mankind, and at midnight of the full-moon the Moon is strongest by being elevated, and the Sun is at the lowest point-- hence the electric element is weakest and the magnetic, receptive, feminine powers are strongest. The rite should be begun previous to midnight and be brought to completion about that time. This is the most potent time for exercising any magnetic or magical power. The rite of consecration will be all the more successful if it be prepared for by 7 days in which a strict regime of diet, continence, frequent ablutions and regular periods of devotion are observed.

The work of consecration should be approached with the mind lifted in devotion and aspiration to the Most High. A little before midnight the Mirror or Crystal should be placed in front of the student. If a Mirror it should be placed in a position so that the top leans away from the student, so that he looks into the concave surface at an oblique angle, Holding the hands above the Mirror or Crystal he should offer a devout prayer to Deity that it may become an instrument thru which Truth will reveal itself, that Powers of Light may permit no evil to manifest in it, and that it may serve the cause of righteousness and human progress. The whole mind and soul should be lifted up in the spirit of desire to cooperate with the Divine Will. The inner aspirations of the student regarding his psychic development should be formulated as clearly as possible and expressed in words, either audibly or silently-- whichever is more potent to make the ideas stand out clearly. Then the student should make slow passes over the Mirror or Crystal with his hands a few inches above it. The magnetism flowing from the hands will impress his aspirations on the Mirror or Crystal and aid in preventing deceptive astral entities ever becoming attached to it. After the prayer of consecration and a few minutes spent in magnetising by passes of the hands the Mirror or Crystal is ready for use.

Extremes of heat or cold will warp a Mirror, causing the background to check. The direct rays of the Sun, or an extremely strong electric light, will destroy the sensitiveness of either Mirror or Crystal. A Mirror or Crystal should not be handled by others than the person who uses it regularly. If handled much by others the admixture of magnetism will cause confused images, or those unreliable. Others may be permitted to look into it occasionally if they do not touch. When dusty the glass surface of either Mirror or Crystal may be polished with a woolen cloth after rinsing with soap-suds. A Crystal or Mirror should be magnetized frequently by passes of the hands over it for five minutes at a time. Passes with the right hand add strength and power, and are most potent when made at Sunrise on Sunday. Passes with the left hand add sensitiveness, and are most potent at Sunrise on Monday.

When in regular use the Crystal or Mirror is kept well magnetized by the magnetism flowing from the eyes, and usually becomes better the longer it is used. Should a Mirror or Crystal become contaminated it may be demagnetized by exposing to the direct rays of the Sun for the 21 minutes just before noon. In hot weather when so demagnetizing a Mirror it should be shaded with cheesecloth, or the backing will melt. In using either Crystal or Mirror too much light should not be present. A subdued light is best for Crystal Gazing, and

almost complete darkness is best for Mirror Gazing. Just enough light should be present when using the Mirror that the surface of the Mirror may be seen. Moonlight, or even Starlight, is ample. When in use the Crystal should be placed on a stand so that it will be at a level with the eyes in front of a plain background that will not permit images of objects to show thru the Crystal. If the Crystal is provided with a case-- which is better-- the crystal should be left in the case and the case inclined so that the, back of the case is higher than the front, and the Crystal should then be somewhat below the level of the eyes. The student should sit in an easy position with the body completely relaxed and fix his gaze and attention on the Crystal. The specks of light reflected in the Crystal may suggest symbolic images by their chance arrangement. Such impressions should not be discarded as mere imagination; for probably the Subliminal Mind is as yet only capable of impressing the external consciousness thru suggestions to the imagination based upon external Perceptions. But later, if the development is continued, the crystal will appear to turn milky white and whatever portion of the astral world is contacted will be Perceived by the soul-senses as if actually in the Crystal.

In using the Magic Mirror its back should always be toward whatever light there is and the top should be leaned away from the observer at an angle of at least  $160\frac{1}{2}$ , to such an extent that no image is reflected upon its surface, This proper inclination may be obtained by moving the head or changing the inclination of the Mirror. The Seer should be seated in an easy attitude, and relax all the muscles of his body. He should direct his gaze quietly and steadily into the concave, or hollow, surface of the mirror and wholly focus his attention on it. His attention should become so absorbed in the black surface of the Mirror-- which when properly placed reflects no image of any object in the room-- that he becomes oblivious to his body, his physical senses, and his surroundings. Gradually the magnetism will collect from his eyes on the ovoid surface and appear as a whitish-black deep watery volume. This is the magnetic field of the Mirror upon which the visions will appear. The Magnetic Mirrors sold by The Brotherhood of Light are so constructed as to give as strong a magnetic field as it is possible to obtain in a Mirror of convenient size. The images apparently form on the surface of this magnetic plane collected from the eyes of the Seer, As a matter of reality the magnetic effect is to inhibit the physical vision of the Seer while intensifying his attention to the clairvoyant faculty that is apparently seen upon the surface of the Mirror is really images of the things actually existing upon the astral plane.

The first thing usually seen either in a Crystal or Mirror, are clouds. White clouds are favorable, affirmative and good. Black clouds are unfavorable, negative and inauspicious. Ascending clouds are affirmative replies to questions, descending clouds are replies in the negative. Clouds of various colors presage coming events. Each color corresponds to one of the Major Arcana of the Tarot, and by referring to Course 6. the divinatory meaning of any color may be learned thru its correspondence to one of the Major Arcana. After clouds the next visions are usually symbols. These symbols may also be interpreted by referring to the lessons of Course 6.-- for they are universal symbols and as such are employed by enlightened minds on all planes. Finally the objects and entities of the inner worlds will be seen reflected in the Crystal or on the surface of the mirror.

The Seer should not become negative and listless, but should keep all his faculties keenly alive to note all impressions. By all means avoid going to sleep during Gazing practice, or permitting any entity to gain control. Keep master of your mind and body at all times at any cost. Do not expect to see things at first as plainly as if they were physical. Note all faint resemblance and changes as if trying to discern the faint reflection of some far distant object. If a thought or picture comes into the mind instead of being seen in Crystal or Mirror, do not hurriedly discard it as mere imagination. Some very fine Seers see things mentally only.

People of certain temperaments (astrological positions at birth) quickly become fine seers; others must labor long and patiently to get even small results. My experience with hundreds who have attempted to develop the soul-senses is that any person who will apply himself as diligently to Gazing Practice as would be necessary to learn a trade or profession, or to become an accomplished musician, will develop his soul-senses to an efficient degree. The greatest difficulty with most is they try to analyze the impression or vision as received. This is a mistake, as any doubt or analytical thought sets up vibrations destructive to the image, just as throwing a stone in a lake will destroy the images reflected upon its surface. Merely observe keenly, and accept all as it comes without reservation. Then after the Gazing practice you should analyze it all thoroughly and be as skeptical as you wish. The keynote of success in Psychic Unfoldment is regularity and faithfulness in practicing. A regular period of 20 minutes a day is sufficient, and should be devoted to Gazing every day in the year without fail. The Crystals and mirrors we sell are the best procurable.